

What's It All About?

Join the Spring Walk Against Violence. Bring your friends, family, co-workers, and neighbors, walk a mile for mom for a morning of fun, food and exercise! All the money collected through pledges will provide services for victims of domestic violence in Franklin, Oxford and Androscoggin Counties.

Get Those Pledges!

Set a goal and help AWAP achieve it's 2009 target of \$18,000! Spread the word among family, friends and co-workers that may contribute to your efforts. You'll be surprised at how quickly the pledges add up!

Gather A Team

Walking as a team makes the Spring Walk Against Violence even more fun. Walk with friends and/or family and be recognized for your group effort. Team walking makes good business sense too! A corporate team can boost morale and promote teamwork.

Pre-Registration Is EASY

It is helpful for us if you pre-register and it's simple. Just call 795-6744 x 14 or e-mail us at lwhittemore@awap.org Monday, April 30, 2009. You can also FAX us your pledge form (even if you're not finished getting your sponsors) at 795-6814.

What Do I Do With The Money?

Collect money that your pledges have donated and bring it with you to the walk. If you're bringing a check, please make it payable to the Abused Women's Advocacy Project or AWAP or P.O. Box 713 Auburn, ME 04212-713

The Walk

A route is established (and will be marked so you can measure laps or miles) at the Simard-Payne Police Memorial Park. There are "rest stops" along the way where you'll find snacks and drinks. Walk begins at 10:00 AM. We walk rain, snow or shine!

AWAP.org

Abused Women's Advocacy Project
Contact Lana Whittemore, Community Liaison at

795-6744 x 14 or

lwhittemore@awap.org

Spring Walk Against Violence

May 9th 2009

From: 10:00am-12:00pm,

come join us at the

Simard-Payne Police Memorial Park

(formerly Railroad Park)

Lewiston, ME

Sponsors:

MECHANICS Savings Bank

Lewiston Emblem Club 528

Wal-Mart

Insurance Source of Maine

